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The Service is grant aided by



Diocesan fundraising and voluntary contributions.



Comhairle Sheirbhís Sóisialta Luimnigh Teo

Child and Family Service



promoting dignity and growth of all people



'The LSSC Child and Family Service aim is to enable and assist parents to enjoy and participate more fully in their child's development and supporting them in their role by encouragement, sharing experiences and information with other parents'.

This mission statement anchors the programme in the belief that through encouragement and positive affirmation all parents will become more proactive in their child's development.

The Child and Family Service is made up of many components including:

- Lifelong Parenting and Family Support
- Community Mothers Programme
- Teen Parents Support Programme

These services are provided free of charge.





Lifelong Parenting and Family Support

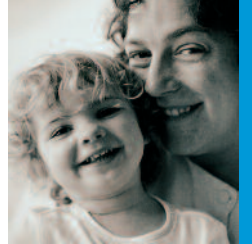
What is Lifelong Parenting and Family Support?

Lifelong Parenting and Family Support covers, where possible, all issues relevant to parenting. This service is available to all parents of children of all ages. This service is needs lead.

How does it work?

It works by offering:

- One-to-One Support
- Individual work with children
- Parent Support Groups
- Parenting facilitation
- Parenting workshops
- Information
- Parent and Child Work



Community Mothers Programme

What is the Community Mothers Programme?

The Community Mothers Programme is a home visiting service for families with new babies and children. A community mother is an experienced mother who is trained to visit families in their homes (visits can also be arranged outside of the home if the need arises), and to encourage parents to enjoy and participate more fully in their child's life.

How does it work?

It works by offering:

- One-to-One Support
- Parenting Support
- Parent and Baby/Toddler Groups
- Information regarding:
 - child's development
 - activities
 - services
 - supports
 - welfare rights and entitlements

How frequent will visits be?

The visits are usually monthly for the first year of the child's life, or more often if requested.



Teen Parents Support Programme

What is the Teen Parents Support Programme?

It is a confidential support programme for young people who are pregnant or who are parents. Support is also available to the young person's partner and members of their extended families.

How does it work?

It works by offering:

- One-to-One Support
- Group Peer Support
- Parenting Support
- Grind and childcare support

What information will it give?

- Ante-Natal & Post-Natal Care
- Health
- Child development
- Accommodation advice
- Childcare
- Welfare rights and entitlements
- Your rights as a parent
- Remaining/returning to school/college
- Local training programmes
- Support groups

The Teen Parents Support Programme Limerick is part of the National Teen Parents Support Programme.



If you would like more information please tick (✓) the appropriate box and return it to

Lifelong Parenting and Family Support
Limerick Social Service Centre
Upper Henry St, Limerick

Community Mothers Programme
Limerick Social Service Centre
Upper Henry St, Limerick

Teen Parents Support Programme
Limerick Social Service Centre
Upper Henry St, Limerick

Date of Birth of Teen Parents only

My child is due on

My child was born on

I have children apart from this child

Name:

Address:

Telephone:

Information requested by:
Telephone:
Date: